

Dear Parents and Guardians,

Greetings from Royal British International School!

Highlights

I hope you are enjoying the 'wonderful' weather and that you are relaxed, recharged and ready to continue the new school year. I am so delighted that you are part of our amazing learning community. I welcome and value your positive energy and dedication to excellence in education, and I look forward to working with you and your children throughout this academic year.

All signs point to another incredible and productive school year. Our skilled and devoted staff is already planning and preparing for your child(ren). Our enthusiastic office team is registering new families, ordering needed materials and updating student portfolios. Here are the Highlights for August 2019

1. New Teachers @ Royal British International School



Each year brings positive change. This includes a few additions to our staff. We are delighted to welcome Mr. Gustavo and Mr. Myat Thu.

Primary: Our Spanish & Science teacher is **Mr. Gustavo**. He brings great enthusiasm, positive energy and incredible references from those with whom he has worked. I am confident that his skill set and passion for working with our primary students will enrich children's lives.

Secondary: Our new secondary years Maths and ICTS teacher is **Mr. Myat Thu**. He taught secondary grades and was a tech specialist at ISY. Those with whom I have talked share that Mr. Myat Thu is a strong team player, skilled in lesson development and instruction, and, most importantly, sensitive to the emotional and academic needs of students. We are very excited to have him join our fabulous academic department.

2. Facilities Upgrade



If you drove past the school, you may have noticed numerous maintenance and construction projects.

First, we repainted our parking lot area to better delineate parking and drop-off spots. We had also renovated our school library with more than 2000 educational titles and more to come.

With reference to safety and security, RBIS added additional surveillance cameras to our schools to better monitor our students. Installation of interior and exterior cameras was completed over the holidays enhancing our ability to record who is on our campus at all times.

Finally, a construction project was completed that created a new changing room facility for our Swimming Pool.

3. New Student Placement



A great deal of time, effort and thought has gone into the process of student placement for the 2019-2020 school year.

Careful consideration was given to input from staff and families as well as student learning styles. Classrooms have been balanced academically and socially. Our class lists are structured to provide equitable class sizes at each grade level to a maximum of 15 students.

Thank you so much for being positive with your child and helping him or her understand that it is impossible to place all students with a preferred best friend or teacher. ALL of our staff works hard to make school a positive experience for ALL students.

4. Volunteering Opportunities



Community involvement is a key component to the success of students at Royal British International School. We invite everyone to be a part of our school community. We welcome and encourage volunteers and hope that you will take advantage of the many opportunities available to you.

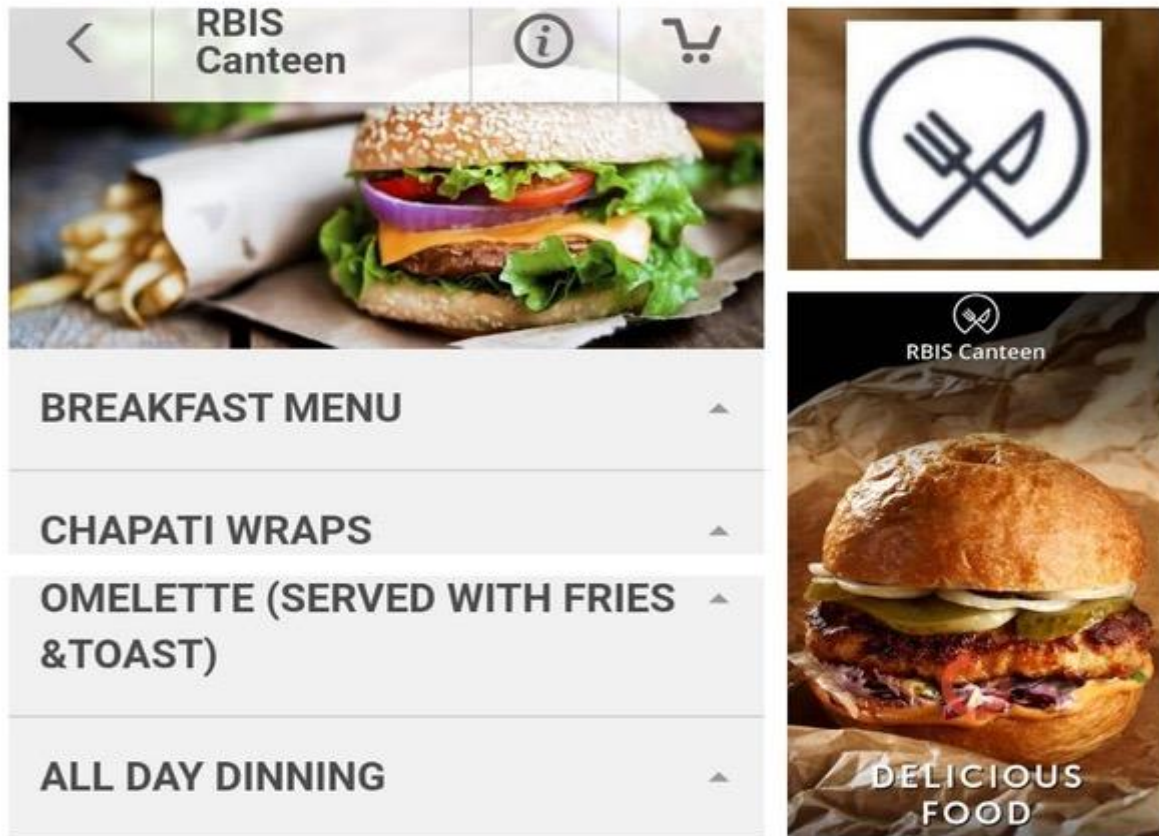
These opportunities include supporting classrooms, attending/volunteering at PTA events, chaperoning field trips, and more.

Please contact your child's teacher for ways to become involved in your child's classroom.

We would like to also thank Mr. Mrinal Mukherjee for Chairing the PTA committee for the 2018/2020 academic year. Your commitment to ensuring that RBIS remains a celebrated and successful school is awe-inspiring.

I eagerly look forward to setting up our new PTA and electing the new chairman shortly during our parent mixer early September.

5. RBIS Canteen Application



A nutritious diet is essential to healthy brain development in children, which is critical to good learning.

Our canteen provider prepares fresh meals every day on site. As well as a range of wholesome, nutritious and delicious snacks and meals for all, the canteen also provides for students with special dietary needs as well as lunch for our preschool.

There is a daily morning snack, afternoon snack, and at lunchtime a full buffet menu, one of each being a vegetarian option. Parents are also able to see menu in advance of each week and are able to select the food they would like their children to be served each day via the RBIS Canteen application.

Having good eating habits and a balanced diet supports children's health and wellbeing, and minimises the risk of illness. Eating habits developed in the early years are likely to have a lifelong influence. Fruit is naturally available daily.

The school works with Food Fare restaurant which meets stringent criteria and is certified for running the school canteen.

To download the application on Google Apps Store: [RBIS Canteen](#)

6. Blyton Dahl International Preschool



On Saturday 3 August, Blyton Dahl International Preschool opened its doors to the public, with classes commencing the following Monday!

Blyton Dahl offers classes for children aged 18 months to 6 years using internationally esteemed curricula and engaging play-based learning. A huge range of educational toys, activities and facilities await - including an extensive phonics and reading library, with learning led by international early years certified professional teachers and assistants.

The theme for the preschool has its roots in the magical, and much loved, wonderful tales of Roald Dahl and Enid Blyton, evident in the beautiful mural artwork which adorns the walls throughout the building.

Offering perfect preparation for study at international schools, Blyton Dahl pupils are guaranteed entry at Royal British International School - following K1 for those with sufficient language and social skills, or K2 for those who may require a little more support before entering primary school.

Just like Royal British International School, Blyton Dahl puts always the safety and wellbeing of children first. An extensive CCTV network, stringent security protocols, detailed Child Protection Policy, and abundance of trained professionals ensure peace of mind for all of our parents.

If you'd like to know more about Blyton Dahl International Preschool, please let us know and we will be happy to arrange an appointment at your convenience!

7. RBIS Bus Service



Please note that as CCAs and additional support tuition begins, it may be necessary to make some adjustments to chosen clubs and also to bus schedules. RBIS is now handling the bus service in order to provide a safe and convenient service for all students so I would respectfully ask that parents please be a little patient while we settle the schedules. We will, of course, always do our utmost to satisfy everyone but there may have to be some compromise here and there. This is simply unavoidable, with many students in different areas and wishing to take different CCAs.

I would also remind parents that busses are now fitted with GPS trackers and female assistants. Students are required to wear seatbelts at ALL TIMES. Disruptive behaviour or refusal to wear a seatbelt will result in delays to drop off. However, we hold safety in the highest regard so all drivers are ordered to pull over and stop driving until the above conditions are met.

Please note that bus fees are worked out on a termly basis. RBIS offers a monthly fee instalment plan to make it easier for parents. During months when there are holidays, the same fee is applicable, as the fee has been worked out for the entire term or year. If this is disagreeable, RBIS is happy to operate on a term by term payment only, rather than monthly instalments. Refusal to pay during holidays costs the school much needed funds. Please be aware that you are not 'paying for holidays' - we have just divided the termly fee to make it more manageable for parents. We truly appreciate your support and understanding in this area.

8. Payment for School Fees



Please make every effort to pay school fees, bus fees, lunch money etc. on time. RBIS does not operate on profit and funds are needed on time to ensure that the school runs smoothly, for the benefit of all

students. Late payment of fees has serious consequences on school finances and also causes considerable disruption to the accounts department. If there is an issue which prevents you from paying on time, please approach me to discuss and resolve as best as possible. The school makes sure it meets its requirements and commitments to parents and we ask that parents also act in kind.

9. Safety and Security at School



A comprehensive security software system ENVOY is being used throughout the school grounds at Royal British International School as well as at Blyton Dahl International Preschool. All staff and visitors to the school must now be logged in and out of the digital system. Parents, Students and Teachers will be registered on the system and provided with a security card or an ID Card after using their fingerprints to gain access. (Parents are to register their fingerprint when they come in or out of school)

Drivers, unknown family members, helpers or others sent to school must sign in and provide identification or be registered on the fingerprint scanner before entering or leaving the school.

If you wish to obtain a security card for an authorised pick-up person, you will have the opportunity to apply for one.

We realise that these additional measures may be a slight inconvenience, but we also know that, like us, your first concern is your child's safety.

10. The Flu Virus

It is now flu season and, unfortunately, a lot of students at RBIS are falling ill. Please take some time to read the information attached.

Influenza (Flu)

Flu is a serious contagious disease that can lead to hospitalization and sometimes death.

How does flu spread?

Most experts think that flu viruses are spread mainly by droplets made when people with flu cough, sneeze or talk. These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs. A person might also get flu by touching a surface or object that has flu virus on it and then touching their own eyes, mouth or nose.

How long can a sick person spread flu to others?

People infected with flu shed virus and may be able to infect others from 1 day before getting sick to about 5-7 days after getting sick. This can be longer in some people, especially children and people with weakened immune systems. This means that you may be able to pass on the flu to someone else before you know you are sick, as well as while you are sick.

How severe is illness associated with flu?

Each flu season, different flu viruses spread and affect people differently based on their body's ability to fight infection. Even healthy children and adults can get very sick from the flu and spread it to friends, co-workers, and family. In the United States, millions of people have to visit the doctor because of flu and hundreds of thousands are hospitalized from flu complications each year.

While flu can make anyone sick, certain people are at greater risk for severe illness resulting in hospitalization or death. This includes older adults, young children, people with certain long term health conditions such as asthma, diabetes, and heart disease and women who are pregnant. (See "What should I do if I get sick?" for the full list of high risk factors.)

What can I do to protect myself from getting sick from flu?

CDC recommends a three-step approach to fighting flu: vaccination, everyday preventive actions, and the correct use of antiviral drugs if your doctor recommends them.

Prevention

#1 A flu vaccine is the first and most important step in protecting against flu viruses.

■ While there are many different flu viruses, the flu vaccine protects against the viruses that research indicates will be most common.

■ Flu vaccines protect against three or four viruses; an H1N1, an H3N2, and one or two influenza B viruses, depending on the vaccine.

■ Everyone 6 months of age and older should get vaccinated against the flu each year.

■ Vaccination of high risk persons is especially important to decrease their risk of severe flu illness. Vaccination also is important for health care workers, and those who live with or care for high risk people to keep from spreading flu to high risk people.

■ Children younger than 6 months are at high risk of serious flu illness, but are too young to be vaccinated. People who care for or live with them should be vaccinated to protect these babies.

#2 Take everyday actions to help prevent the spread of germs that cause respiratory illnesses.

■ Try to avoid close contact with sick people.

■ If you are sick with flu-like illness, CDC recommends that you stay home for at least 24 hours after your fever is gone except to get medical care or for other necessities. Your fever should be gone without the use of a fever-reducing medicine.

■ While sick, limit contact with others as much as possible to keep from infecting them.

■ Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it.

■ Wash your hands often with soap and water. If soap and water are not available, use an alcohol-based hand rub.

■ Avoid touching your eyes, nose and mouth. Germs spread this way.

■ Clean and disinfect surfaces and objects that may be contaminated with germs like the flu.

#3 Take flu antiviral drugs if your doctor prescribes them.

■ If you get the flu, antiviral drugs can treat your illness. These drugs can make illness milder and shorten the time you are sick.

■ Antiviral drugs work best when started in the first 2 days of symptoms to treat people who are very sick (such as those who are hospitalized) or people who are sick with flu symptoms and who are at increased risk of severe flu illness.

If You Get Sick

What should I do if I get sick?

If you become ill with influenza symptoms you should stay home and avoid contact with other people except to seek medical care. Most people are able to recover at home from flu without medical care.

However, some people are at greater risk of serious flu-related complications. They are:

■ Children younger than 5, but especially children younger than 2 years old

■ People 65 and older

■ Pregnant women (and women up to two weeks postpartum)

■ People who have:

- Asthma
- Neurological and neurodevelopmental conditions (including disorders of the brain, spinal cord, peripheral nerve, and muscle such as cerebral palsy, epilepsy (seizure disorders), stroke, intellectual disability (mental retardation), moderate to severe developmental delay, muscular dystrophy, or spinal cord injury).
- Chronic lung disease (such as chronic obstructive pulmonary disease [COPD] and cystic fibrosis)
- Heart disease (such as congenital heart disease, congestive heart failure and coronary artery disease)
- Blood disorders (such as sickle cell disease)

- Endocrine disorders (such as diabetes mellitus)
- Kidney disorders
- Liver disorders
- Metabolic disorders (such as inherited metabolic disorders and mitochondrial disorders)
- Weakened immune system due to disease or medication (such as people with HIV or AIDS, or cancer, or those on chronic steroids)
- People younger than 19 years of age who are receiving long-term aspirin therapy
- People who have extreme obesity (Body Mass Index, or BMI, of 40 or greater)

If you (or your child) are in one of the groups above and develop flu-like symptoms, consult a health care provider to get advice about seeking medical care. Also, it's possible for otherwise healthy people to develop severe illness, so any one concerned about their illness should consult their doctor.

There are "emergency warning signs" that should signal anyone to seek medical care urgently.

Emergency Warning Signs In Children:

- Fast breathing or trouble breathing
- Bluish skin color
- Not drinking enough fluids
- Not waking up or not interacting
- Being so irritable that the child does not want to be held
- Flu-like symptoms improve but then return with fever and worse cough
- Fever with a rash

In Adults:

- Difficulty breathing or shortness of breath
- Pain or pressure in the chest or abdomen
- Sudden dizziness
- Confusion
- Severe or persistent vomiting

Are there medicines to treat infection with flu?

Yes. Antiviral drugs are prescription medicines (pills, liquid or an inhaled powder) that fight against the flu in your body. While a flu vaccine is the first and most important step in preventing flu, antiviral drugs are a second line of defense to treat the flu if you get sick. Antiviral drugs are not sold over-the-counter; you must have a prescription to get them. Antiviral drugs are not a substitute for vaccination.

How long should I stay home if I'm sick?

CDC recommends that you stay home for at least 24 hours after your fever is gone except to get medical care or for other necessities. (Your fever should be gone without the use of a fever-reducing medicine.) Stay away from others as much as possible to keep from making others sick. Continue to cover coughs and sneezes and wash hands even after you return to work. It is important to know that even if you don't have a fever, you may have flu and be contagious if you get flu symptoms.

Flu Symptoms can include

- fever *
- cough
- sore throat
- runny or stuffy nose
- body aches
- headache
- chills
- fatigue
- sometimes diarrhea and vomiting

*It's important to note that not everyone with flu will have a fever.

For more information, visit
<http://www.cdc.gov/flu>
or call
800-CDC-INFO.

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Flu & You



Centers for Disease
Control and Prevention
National Center for Immunization
and Respiratory Diseases

School Contact Numbers

School Reception : (95) 015 794 92 (Ext 0)

Ms. Annie : info@royalbritishinternational.com

School Accounts : (95) 015 794 92 (Ext 0)

Ms. May : accounts@royalbritishinternational.com

RBIS Primary & Secondary : (95) 09950257208

Ms. Ariel : ariel@royalbritishinternational.com

Centre Manager - Mr. Sai Than : (95) 09774307070

(Overall Operations) : sai@royalbritishinternational.com

Facilities Manager - Mr. Eric : (95) 09774307070

(Pick Up, Drop-Off, Security & Child Safety): eric@royalbritishinternational.com

Principal Office / Emergency : (95)09950257208/ 015 794 92 (Ext 12)

Mr. Darren/Ms. Ariel : principal@royalbritishinternational.com

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Mr. Mukherjee

Together We Build The Future Generation



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